

護理系教師基本資料表

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基本護理學、內外科護理、健康促進、另類輔助療法			
學經歷一覽			
學歷	高雄醫學大學護理系畢業 中華醫事科技大學生物科技研究所護理組畢業 國立成功大學國際護理博士班進修中		
經歷	曾任高雄長庚紀念醫院急診護理師臨床工作 1995-1998 曾任中華醫事科技大學臨床指導教師 1998.08-2016.01 曾任中華醫事科技大學護理系講師 2016.02-2022.01 現任中華醫事科技大學護理系助理教授 2022.02		
期刊論文一覽			
論文名稱	刊物名稱	期刊類別	
1. Tsai, M. L., Cheng, T. H., Yang, Y. K., & Wang, C. J. (2021, October). A School-Based Progressive Muscle Relaxation Program for Female Adolescents: Development and the Effectiveness on Physiological and Psychological Evidence. In <i>Healthcare</i> (Vol. 9, No. 10, p. 1319). Multidisciplinary Digital Publishing Institute.	Healthcare	SSCI	

2. Tsai, M. L., Lin, T. L., & Wang, C. J. (2021) Factors that Influence Schoolchildren's Willingness to Participate in Leisure-Time Physical Activities: Questionnaire Development and Content Validity Testing.	European Journal of Molecular & Clinical Medicine	
3. 陳昱合、張素嫻、方妙君、蔡美利 (2009) · 運用運動訓練維持失智老人如廁功能之探討 · 護理暨健康照護研究 · 5(4) · 265-272 。	護理暨健康照護 研究	
研討會論文一覽		
論文名稱	研討會名稱. 國家. 城市	
1. <u>Tsai, M.L.</u> , & Wang, C.J. (2021/April). A Preliminary effect of a School-based Abbreviated Progressive Muscle Relaxation Program on Perceived stress and Hair Cortisol among Female Adolescents. Poster session presented at the 24 th East Asian Forum of Nursing Scholars Virtual Conference. Philippine	24 th East Asian Forum of Nursing Scholars Virtual Conference.	
2. Wang C.C. & Chou C & Wang J & <u>Tsai M.L.</u> (2020/Mar). Value-Added Outcomes of Community Advanced Nursing Practice through E-Strategy Health Programs to Perform. Poster session presented at the 11 th International council of Nurse' NP/APN Network conference. Halifax, Canada.	11 th International council of Nurse' NP/APN Network conference. Halifax, Canada.	
3. <u>Tsai, M.L.</u> , & Wang, C.J. (2018/April). <i>The Introduction of Biobehavioral Model in Health Studies: A Narrative Review</i> . Poster session presented at the 3 rd Asian congress in Nursing Education. Yogyakarta city, Indonesia	3 rd Asian congress in Nursing Education. Yogyakarta city, Indonesia.	
4. 王琪珍、蔡美利 (2017, 八月) · 穴道按摩對高職生睡眠品質促進成效探討 · 於台灣護理學會主辦, 第卅四次護理研究論文發表會暨兩岸護理學術交流研習會海報發表 · 高雄, 高雄醫學大學	第卅四次護理研究論文發表會暨兩岸護理學術交流研習會海報發表 · 高雄, 高雄醫學大學	

<p>5. <u>Tsai, M.L.</u>, & Wang, C.J. (2017/August). <i>Effectiveness of a cloud diet assessment system in nutrition Education to promote healthy diets of university students</i>. Poster session presented at the 2nd Asia-pacific Nursing Research conference. Taipei city, Taiwan.</p>	<p>2nd Asia-pacific Nursing Research conference. Taipei city, Taiwan.</p>		
<p>6. Hung, Y.Y., & <u>Tsai, M.L.</u> (2015/Oct). <i>A study of health promotion lifestyle profile and cortisol biomarkers in college teachers</i>. Poster session presented at the 41st Annual Conference of the Transcultural Nursing Society (TCNS). Portland city, USA.</p>	<p>41st Annual Conference of the Transcultural Nursing Society (TCNS). Portland city, USA.</p>		
<p>榮譽獎項</p>			
<p>日期</p>	<p>事件細節</p>	<p>頒獎機構</p>	<p>作者順序</p>
<p>研究計劃案</p>			
<p>計畫名稱</p>		<p>起迄時間</p>	
<p>1. 應用新興科技協助研發紓解青少年壓力之教學模組成效研究(樹德家商)－子計畫三：評鑑研究(1/3)(105-2514-S-006-007-) 協同研究員</p>		<p>105</p>	
<p>2. 應用新興科技協助研發紓解青少年壓力之教學模組成效研究(樹德家商)－子計畫三：評鑑研究(2/3)(106-2514-S-006-007-) 協同研究員</p>		<p>106</p>	
<p>3. 應用新興科技協助研發紓解青少年壓力之教學模組成效研究(樹德家商)－子計畫三：評鑑研究(3/3)(107-2514-S-006-003-) 協同研究員</p>		<p>107</p>	
<p>4. 微翻轉遊戲式學習應用於大學生健康促進教學活動之研究(107-2511-H-006-003-) 協同研究員</p>		<p>107</p>	
<p>其他</p>			
<p></p>			